Prayer of the week:

O God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you, that, loving you above all things, we may obtain your promises which exceed all that we desire; through Jesus Christ our Lord. Amen.

MARMINGATHA Stories to Inspire

WEEK ENDING 12 JULY 2020

CHILDREN'S HOLIDAY PROGRAM EXTENDED

St Alfred's Blackburn North

& St Luke's Vermont

Our children's holiday program is online this year. It seems to me there could be many families out there with children who need something to do. If you would like to forward this on through your networks then please be our guests.



Each year for over 20 years we have been doing this program. We call it "Going Bananas." This year we have managed to put 50-60 minutes of content online plus a resources page for the five days of this week. The theme is "Brothers and Sisters." The team will look at various brothers and sisters from the Bible. Each day there will be some singing, craft, puppets, stories, prayer, cooking, games and a few other mad things. The kids can either just watch or they can go to the resources page for each day and then do some of the activities. That might keep them occupied for a bit longer.

The GB team are all from St Alfred's including many young adults and teenagers and very well led by two staff members, Ross Curnow and Naomi Bird, our Children & Families Ministers.

There is no cost. No need to register. Any children anywhere in Melbourne, Australia or even overseas can join in.

FOR | Primary aged children and anyone with a sense of fun

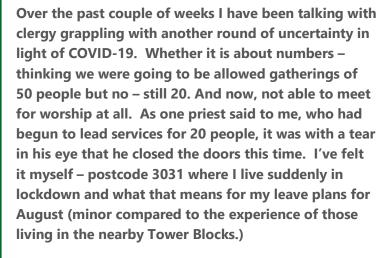
WHEN | We will leave the content online for a couple of weeks so it will cover the extra week of holidays that many children will get in Melbourne.

WHERE No need to register. Just sit back and enjoy the program online in the comfort of your own lounge room.

Please **click here** to view GB@home.

This is our gift to other churches and families in this difficult period.

- The Reverend Peter MacPherson



Even those of us who would describe ourselves as being resilient around change and living with uncertainty – able to go with the flow – are feeling it. Let me encourage you to say yes to Jesus' invitation to rest in him. In the midst of your weariness, in the midst of what burdens you, to rest in him and so be able open yourself up to the new thing God is doing.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.

For my yoke is easy, and my burden is light."

(Matthew 11:28-30)

WELLBEING ZOOM SEMINAR

Sleep Hygiene Workshop

WHAT | Sleep Hygiene Workshop for Clergy and ASLMs led by Anna Johnson.

WHEN | Wednesday, July 29, 12 noon -1pm.

REGISTER | Click here for details.

Don't forget all clergy and families are eligible for the Diocesan Employee Assistance Program **Click here** for more information